

ILRCC Program Session Dates 2025-2026

Phone: (403) 263-6880

Email for Programs: programs@ilrcc.ab.ca

Email for Services: services@ilrcc.ab.ca

Please note that session dates are subject to change. Participants will be notified of any schedule adjustments.

Monday Programs

Cooking (Morning) | 10:30am - 12:00pm

Current Session: Mar 9 - Apr 13

Next Session: Apr 20 - May 25

Duration: 6 weeks

Price: \$80

Cooking (Afternoon) | 12:30pm - 2:00pm

Current Session: Mar 9 - Apr 13

Next Session: Apr 20 - May 25

Duration: 6 weeks

Price: \$80

Life Skills | 1:00pm - 2:30pm

POSTPONED until further notice

Duration: 6 weeks

Price: \$100

ESL | 10:30am - 11:30am

POSTPONED until further notice

Duration: 12 weeks

Price: \$250

Jewelry Making | 11:30 am - 12:30 pm

Current Session: Jan 12 - Mar 9

Next Session: Mar 16 - May 4

Duration: 8 weeks

Price: \$90

Tuesday Programs

Cooking (Morning) | 10:30am - 12:00pm

Current Session: Mar 10 - Apr 14

Next Session: Apr 21 - May 26

Duration: 6 weeks

Price: \$80

Arts and Crafts | 1:00pm - 2:00pm

Current Session: Feb 17 - May 5

Next Session: May 12 - Jul 28

Duration: 12 weeks

Price: \$135

Baking | 2:00pm - 3:00pm

Current Session: Mar 10 - Apr 14

Next Session: Apr 21 - May 26

Duration: 6 weeks

Price: \$80

Wednesday Programs

Yoga | 11:00am - 12:00pm

Current Session: Jan 7 - Mar 25

Next Session: April 1 - June 17

Duration: 12 weeks

Price: \$110

Cooking (Afternoon) | 12:30pm - 2:00pm

Current Session: Feb 25 - Apr 1

Next Session: Apr 8 - May 13

Duration: 6 weeks

Price: \$80

Pizza Night | 5:00pm - 7:00pm

Memorial Drive NE

Current Session: Feb 18 - May 6

Next Session: May 13 - July 29

Duration: 12 weeks

Price: \$110

Pizza Night | 5:00pm - 7:00pm

Southport Rd SW

Current Session: Feb 18 - May 6

Next Session: May 13 - July 29

Duration: 12 weeks

Price: \$110

Thursday Programs

Arts & Crafts | 11:00am - 12:00pm

Current Session: Feb 12 - Apr 30

Next Session: May 7 - July 23

Duration: 12 weeks

Price: \$135

Cooking (Afternoon) | 12:30pm - 2:00pm

Current Session: Feb 26 - Apr 2

Next Session: Apr 9 - May 14

Duration: 6 weeks

Price: \$80

Baking | 2:30pm - 3:30pm

Current Session: Jan 29 - Mar 5

Next Session: Mar 12 - Apr 16

Duration: 6 weeks

Price: \$80

Dance and Sing | 6:00pm - 7:00pm

POSTPONED until May 28, 2026

Duration: 8 weeks

Price: \$80

Friday Programs

ASL | 12:00pm - 1:00pm

Current Session: Jan 9 - Apr 3

Duration: 12 weeks

Price: \$110

Saturday Programs

Bowling at Chinook | 1:00pm - 3:00pm

Current Session: Feb 14 - May 2

Next Session: May 9 - July 25

Duration: 12 weeks

Price: \$110