

ILRCC Program Session Dates 2025-2026

Phone: (403) 263-6880

Email for Programs: programs@ilrcc.ab.ca

Email for Services: services@ilrcc.ab.ca

Please note that session dates are subject to change. Participants will be notified of any schedule adjustments.

Monday Programs

Cooking (Morning) | 10:30am - 12:00pm

Current Session: Mar 9 - Apr 20

Next Session: Apr 27 - Jun 1

Duration: 6 weeks

Price: \$80

Cooking (Afternoon) | 12:30pm - 2:00pm

Current Session: Mar 9 - Apr 20

Next Session: Apr 27 - Jun 1

Duration: 6 weeks

Price: \$80

Life Skills | 1:00pm - 2:30pm

POSTPONED until further notice

Duration: 6 weeks

Price: \$100

ESL | 10:30am - 11:30am

POSTPONED until further notice

Duration: 12 weeks

Price: \$250

Jewelry Making | 11:30 am - 12:30 pm

Current Session: Mar 16 - May 11

Next Session: May 18 - July 6

Duration: 8 weeks

Price: \$90

Tuesday Programs

Cooking (Morning) | 10:30am - 12:00pm

Current Session: Mar 10 - Apr 21

Next Session: Apr 28 - Jun 2

Duration: 6 weeks

Price: \$80

Arts and Crafts | 1:00pm - 2:00pm

Current Session: Feb 17 - May 12

Next Session: May 19 - Aug 4

Duration: 12 weeks

Price: \$135

Baking | 2:00pm - 3:00pm

Current Session: Mar 10 - Apr 21

Next Session: Apr 28 - Jun 2

Duration: 6 weeks

Price: \$80

Wednesday Programs

Yoga | 11:00am - 12:00pm

Current Session: April 1 - Jun 24

Next Session: Jul 1 - Sep 16

Duration: 12 weeks

Price: \$110

Cooking (Afternoon) | 12:30pm - 2:00pm

Current Session: Apr 8 - May 20

Next Session: May 27 - Jul 1

Duration: 6 weeks

Price: \$80

Pizza Night | 5:00pm - 7:00pm

Memorial Drive NE

Current Session: Feb 18 - May 6

Next Session: May 13 - July 29

Duration: 12 weeks

Price: \$110

Pizza Night | 5:00pm - 7:00pm

Southport Rd SW

Current Session: Feb 18 - May 6

Next Session: May 13 - July 29

Duration: 12 weeks

Price: \$110

Thursday Programs

Arts & Crafts | 11:00am - 12:00pm

Current Session: Feb 12 - May 14

Next Session: May 21 - Aug 6

Duration: 12 weeks

Price: \$135

Cooking (Afternoon) | 12:30pm - 2:00pm

Current Session: Apr 9 - May 28

Next Session: Jun 4 - Jul 9

Duration: 6 weeks

Price: \$80

Dance and Sing | 6:00pm - 7:00pm

POSTPONED until May 28, 2026

Duration: 8 weeks

Price: \$80

Friday Programs

ASL | 12:00pm - 1:00pm

Current Session: Apr 10 - Jul 3

Next Session: Jul 10 - Sep 25

Duration: 12 weeks

Price: \$110

Saturday Programs

Bowling at Chinook | 1:00pm - 3:00pm

Current Session: Feb 14 - May 9

Next Session: May 16 - Aug 1

Duration: 12 weeks

Price: \$110