

ILRCC Program Session Dates 2025-2026

Phone: (403) 263-6880

Email for Programs: programs@ilrcc.ab.ca

Email for Services: services@ilrcc.ab.ca

Please note that session dates are subject to change. All participants will be notified of any schedule adjustments.

Monday Programs

Cooking (Morning) | 10:30am - 12:00pm

Current Session: Apr 27 - June 8

Next Session: June 15 - July 20

Duration: 6 weeks

Price: \$80

Cooking (Afternoon) | 12:30pm - 2:00pm

Current Session: Apr 27 - June 8

Next Session: June 15 - July 20

Duration: 6 weeks

Price: \$80

Life Skills | 1:00pm - 2:30pm

POSTPONED until further notice

Duration: 6 weeks

Price: \$100

ESL | 10:30am - 11:30am

POSTPONED until further notice

Duration: 12 weeks

Price: \$250

Jewelry Making | 11:30 am - 12:30 pm

Current Session: May 25 - July 13

Next Session: July 20 - Sept 14

Duration: 8 weeks

Price: \$90

Tuesday Programs

Cooking (Morning) | 10:30am - 12:00pm

Current Session: Apr 28 - June 2

Next Session: June 9 - July 14

Duration: 6 weeks

Price: \$80

Arts and Crafts | 1:00pm - 2:00pm

Current Session: May 19 - Aug 4

Next Session: Aug 11 - Oct 27

Duration: 12 weeks

Price: \$135

Baking | 2:00pm - 3:00pm

Current Session: Apr 28 - Jun 2

Next Session: June 9 - July 14

Duration: 6 weeks

Price: \$80

Wednesday Programs

Yoga | 11:00am - 12:00pm

Current Session: April 1 - Jun 24

Next Session: July 1 - Sep 16

Duration: 12 weeks

Price: \$110

Cooking (Afternoon) | 12:30pm - 2:00pm

Current Session: May 27 - July 8

Next Session: July 15 - Aug 19

Duration: 6 weeks

Price: \$80

Pizza Night | 5:00pm - 7:00pm

Memorial Drive NE

Current Session: May 13 - July 29

Next Session: Aug 5 - Oct 21

Duration: 12 weeks

Price: \$110

Thursday Programs

Arts & Crafts | 11:00am - 12:00pm

Current Session: May 21 - Aug 6

Next Session: Aug 13 - Oct 29

Duration: 12 weeks

Price: \$135

Cooking (Afternoon) | 12:30pm - 2:00pm

Current Session: Apr 9 - May 28

Next Session: June 4 - July 9

Duration: 6 weeks

Price: \$80

Dance and Sing | 5:00pm - 6:00pm

Upcoming Session: May 28 - July 16

Duration: 8 weeks

Price: \$80

Friday Programs

ASL | 12:00pm - 1:00pm

Current Session: Apr 10 - Jul 3

Next Session: Jul 10 - Sep 25

Duration: 12 weeks

Price: \$110

Saturday Programs

Bowling at Chinook | 1:00pm - 3:00pm

Current Session: May 23 - Aug 8

Next Session: Aug 15 - Oct 31

Duration: 12 weeks

Price: \$110